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gemstategymnastics.com

**Gem State Gymnastics Schedule Summer 2006 (class descriptions on back)**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>10:00 PEBBLES G NUGGET/JEWEL</p> <p>11:00 KINDERGEM B NUGGET/JEWEL</p> <p>11:15 WIGGLERS</p> <p>3:45 G NUGGET/JEWEL B NUGGET/JEWEL</p> <p>5:00 KINDERGEM G NUGGET/JEWEL JUNIOR FLIP FLOP</p> <p>6:20 WIGGLERS PEBBLES G NUGGET G JEWEL B NUGGET/JEWEL</p> <p>7:35 ADV FLIP FLOP</p>	<p>10:00 PEBBLES G NUGGET/JEWEL</p> <p>11:00 KINDERGEM</p> <p>11:15 WIGGLERS</p> <p>3:45 G NUGGET B NUGGET</p> <p>4:00 DIA. CHIPS BOYS lvl 4</p> <p>5:00 G NUGGET/JEWEL B NUGGET/JEWEL</p> <p>6:20 KINDERGEM G JEWEL G CHIPS B CHIPS G GEM/DIAMOND</p> <p>7:35 FLIP FLOP JR SR</p>	<p>9:00 GIRL CHIPS</p> <p>10:00 PEBBLES G NUGGET/JEWEL</p> <p>11:00 KINDERGEM B NUGGET/JEWEL</p> <p>11:15 WIGGLERS</p> <p>3:45 G NUGGET/JEWEL B NUGGET/JEWEL</p> <p>5:00 KINDERGEM G NUGGET G JEWEL</p> <p>6:20 PEBBLES KINDERGEM G NUGGET/JEWEL G GEM B NUGGET/JEWEL</p>	<p>10:00 PEBBLES G NUGGET/JEWEL</p> <p>11:00 KINDERGEM</p> <p>11:15 WIGGLERS</p> <p>3:45 G NUGGET B NUGGET</p> <p>4:00 DIA. CHIPS BOYS lvl 4</p> <p>5:00 G NUGGET/JEWEL B NUGGET/JEWEL</p> <p>6:20 WIGGLERS G NUGGET/JEWEL B JEWEL/ GEMS</p> <p>7:35 ADULT JR/SR CHEER</p>	<p>10:00 PEBBLES G NUGGET/JEWEL</p>

\*MONTHLY TUITION

Summer Registration Fee:  
\$6.00/child or \$12.00/family (+ tax)

Class Length    \*Regular Rate

45 min. class  
1 time/week    \$41.00/mo.

1 hr. class  
1 time/week    \$47.00/mo.

1:15 hr. class  
1 time/week    \$52.00/mo.

2:00 hr. class  
1 time/week    \$71.00/mo.

**DISCOUNTS**

- \*\*Sibling Discount                    -10%
- \*\*\*Multiple Class Discount        -10%
- \*\*\*\*Multiple Program Discount: -10%
- \*\*\*\*\*EFT Discount                -10%

**BEST DEAL!**

(max. 2 discounts used at a time)

- \*Tuition payment is for one (1) month. Payment is due by the 1st of the month. Student will receive 3 - 5 lessons during the month. We do not pro-rate.
- \*\*Only ONE tuition in your family pays full price. ALL lesser tuitions in your family are discounted at the Sibling Discount.
- \*\*\* Multiple Class Discount applies when a student takes 2 classes per month. Add the two class rates together and discount the total by 10%
- \*\*\*\* Multiple Program Discount applies when a student joins a second program. The lesser tuition is discounted by 10%.
- \*\*\*\* EFT (Electronic Funds Transfer) - Have your monthly bill taken directly from your checking account and receive 10% off your total bill. (due 27th of previous month)

**PRIVATE LESSONS (Registration Fee Required)**  
**\$80.00**                    (includes 4, 1/2 hour lessons)

**You are enrolled from your starting date through the end of August unless written notice is given by the 20th of the month prior to dropping. You are responsible to pay the tuition.**

# GYMNASTICS

CLASS DESCRIPTIONS

Girl (G), Boy (B)

- |   |  |
|---|--|
| <b>WIGGLERS</b><br>16 mos. - 3 yrs: 45 min.<br>10-1 ratio<br>Beginner   | <b>PEBBLES</b><br>3 yrs: 45 min.<br>7-1 ratio<br>Beginner  |
| <b>KINDERGEMS</b><br>4 yrs: 1:00 hr.<br>7 - 1 ratio<br>Beginner   | <b>NUGGETS (G or B)</b><br>5 & up yrs.: 1:15 hr.<br>8 - 1 ratio<br>Beginner, Level I   |
| <b>JEWELS (G or B)</b><br>5 & up yrs.: 1:15 hrs.<br>8 - 1 ratio<br>Level II<br>Criteria: Pullover (bars)<br>Backward roll (floor)       | <b>GEMS (G or B)</b><br>7 & up yrs.: 1:15 hr.<br>10 - 1 ratio<br>Level III<br>Criteria: Back Hip Circle (Bars)<br>Bridge Kick Over (Floor) |
| <b>DIAMONDS (G)</b><br>9 - 15 yrs.: 1:15 hrs.<br>10 - 1 ratio<br>Level IV<br>Criteria: Front Mill Circle (Bars)<br>Front Limber (Floor) | <b>JUNIOR/SENIOR (G or B)</b><br>7th - 12th Grade: 1:15 hrs.<br>10 - 1 ratio<br>Level I, II, II  |
| <b>JUNIOR FLIP FLOP</b><br>8 - 12 yrs.: 1:00 hr.<br>10 - 1 ratio  | <b>FLIP FLOP</b><br>13-17 yrs.: 1:00 hr.<br>10 - 1 ratio   |
| <b>ADVANCE FLIP FLOP</b><br>1:00 hr.<br>10 - 1 ratio<br>Criteria: Round Off<br>Back Handspring  | <b>ADULT</b><br>18 yrs. & up: 1:15 hrs.<br>(senior discount \$4.00)  |

BY INVITATION ONLY:

- |  |   |
|--|---|
| <b>GIRL CHIPS - BOY CHIPS</b><br>4 - 6 yrs. : 1:15 hrs.<br>8 - 1 ratio | <b>DIAMOND CHIPS (Level 3)</b><br>5 -9 yrs.: 2:00 hrs<br>10 - 1 ratio (2 days/week) |
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## MISSION STATEMENT

*We exist to make a difference in the lives of our clients. Our GOAL is to develop Happy, Healthy, and Confident Children.*

*The Development of*

*Self Esteem is primary toward that goal. When fun and individual achievement are combined,*

*learning and self esteem soar. This basic teaching philosophy guides us toward our goal. All of our programs strive to provide*

***"An Exciting Learning Experience"!***

# CHEERLEADING



Recreation classes for all ages. Focusing on basic cheers, stunts, dances, jumps, & tumbling. Class time will be split in half practicing cheer skills and tumbling skills.

CLASS DESCRIPTIONS

**KINDER CHEER**  
4 1/2 - 6 yrs.: 1:00 hr.  
7 - 1 ratio

**SILVER CHEER**  
7 - 9 yrs.: 1:15 hr.  
8 - 1 ratio

**GOLD CHEER**  
10 - 12 yrs.: 1:15 hrs  
8 - 1 ratio

**JUNIOR/SENIOR CHEER**  
13 - 17 yrs.: 1:15 hr.  
10 - 1 ratio

Class Times and Days are listed on other side

Same Registration Fee, Tuitions, and Guidelines Apply as our Gymnastics Program