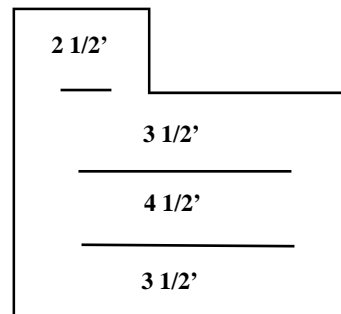


Swim



Our goal is to develop happy, healthy, and confident swimmers. We strive to teach your child respect for the water, while developing your child's skills.

SPECIALLY DESIGNED TEACHING POOL



- * Heated pool (85 - 90 degrees)
- * Small student/teacher ratio
- * Instruction by trained, caring teachers
- * Progressive lesson plans

CHOOSE THE TYPE OF LESSONS THAT FIT YOUR SCHEDULE

TWO WEEK SCHEDULE

4 times per week / 35 minute class
(45 minute class Sharks only)

MONDAY - THURSDAY

- 1 - June 7 - 17
- 2 - June 21 - July 1
- 3 - July 6 - 15 (1st wk - Tues-Fri)
- 4 - July 19 - 29
- 5 - Aug. 2 - 12
- 6 - Aug. 16 - 26

Cost: \$50.00 (35 min.)
\$60.00 (45 min.)

FOUR WEEK SCHEDULE

2 times per week / 35 minute class
(45 minute class Sharks only)

MON/WED or TUES/THURS

- 1 - June 7 - July 1
- 2 - July 6 - 29
(1st wk - Mon/Wed comes Wed/Fri)
- 3 - Aug. 2 - 26

Cost: \$50.00 (35 min.)
\$60.00 (45 min.)

OR

SATURDAY CLASSES

5 week sessions
35 minute lessons

- 1 - June 12, 19, 26, July 10 & 17
- 2 - July 24, 31 Aug. 7, 14 & 21

Cost: \$32.00 (35 min)

SPECIAL SESSION

see special schedule
on reverse

SPLASH 'N DASH

May 24 - June 4
(2nd week Tues - Fri)
\$40.00

SUMMER REGISTRATION FEE (new clients
only)
\$6.00 (+TAX)



**GEM STATE
GYMNASTICS**
ACADEMY

Since 1976

5420 W. State Street
Boise, Idaho 83703
853-3220

www.gemstategymnastics.com

If weather appears questionable, please call the gym (853-3220) half an hour before class. Rain days will be rescheduled on Fridays.

FOUR WEEK SCHEDULE

TIME	MONDAY/WEDNESDAY	TUESDAY/THURSDAY
11:15		TADPOLE
2:15	TOW/FOW DOLPHIN STINGRAY SHARK	
4:45	TOW/FOW DOLPHIN STINGRAY SHARK	
5:30	TADPOLE FOW DOLPHIN (3-5 yrs) STINGRAY	TADPOLE TOW/FOW DOLPHIN STINGRAY
7:00	TOW/FOW DOLPHIN STINGRAY SHARK	

TWO WEEK SCHEDULE

TIME	MONDAY - THURSDAY
11:15	TOW/FOW DOLPHIN STINGRAY SHARK
4:05	TOW FOW DOLPHIN STINGRAY
6:15	TADPOLE FOW DOLPHIN/STINGRAY SHARK

FIVE WEEK SCHEDULE

TIME	SATURDAY 35 minute lessons
10:00	TOW/FOW DOLPHIN/STINGRAY
10:45	TADPOLE TOW/FOW
11:30	DOLPHIN/STINGRAY SHARK

LEVEL CRITERIA

TADPOLE

- Parent-Tot class. Introduction to swim. Age 12 mos. - 3 years

TERRIFIED OF WATER (TOW)

- Child has never had lessons, or child does not like water on face. 3-5 years

FOND OF WATER (FOW)

- Child enjoys water but does not yet float. 3-5 years

DOLPHIN

- Child willing to get feet off the bottom and attempts to float. 5 years & up

STINGRAY

- Good crawl stroke and independently floats on back. 6 years & up

SHARK

- Child can perform front crawl with rotary breathing and elementary back stroke. 6 years & up



OPEN SWIM

SATURDAY ONLY
12:30 pm - 2:30 pm

COST:
\$4.00/Person
\$10.00/Family
MUST PRE-SIGN UP

SPLASH & DASH

35 minute lessons

10:30	TOW/FOW DOLPHIN/STINGRAY
11:15	TADPOLE TOW/FOW
4:45	TOW/FOW DOLPHIN/STINGRAY
5:30	TOW/FOW SHARK
6:15	TADPOLE DOLPHIN/STINGRAY