



Time	Monday	Tuesday	Wednesday	Thursday
10:00	Kindergems	Kindergems (G) Nuggets (G) Jewels	(B) Nuggets (B) Jewels (G) Gems Diamonds	(G) Nuggets (G) Jewels
10:15	Wigglers Pebbles			Pebbles
11:00	Pebbles		Music & Motion I	Kindergems
11:15		(B) Nuggets (B) Jewels	(G) Nuggets (G) Jewels	Wigglers Pebbles
4:00	(G),(B) Nuggets (G),(B) Jewels	Kindergems (G),(B) Jewels Diamond Chips	Kindergems (G),(B) Nuggets (G),(B) Jewels Music & Motion II	Pebble (G) Nuggets (G) Jewels (G) Chips Diamond Chips
5:15	Pebbles (G) Nuggets (G) Jewels Jr. Flip Flop	Kindergems (G) Nuggets (G) Jewels	(G) Nuggets (G) Jewels	(G),(B) Nuggets (G),(B) Jewels
6:30	Wigglers Pebbles (G),(B) Nuggets (G), (B) Jewels Music & Motion I	(G) Jewels (G), (B) Chips (G) Gems Diamonds	Pebbles Kindergems (G),(B) Nuggets (G),(B) Jewels (G) Gems	Wigglers Kindergems (G) Nuggets (G),(B) Jewels (G) Chips (G),(B) Gems Diamonds Music & Motion II
7:45	Adv. Flip Flop	(B/G) Jr./Sr. Flip Flop Xtreme Boards	Trampoline	Adult

CLASS DESCRIPTIONS

WIGGLERS 15 mos. - 3 yrs.: 45 min. Beginner	PEBBLES 3 yrs.: 45 min. Beginner	KINDERGEMS 4 yrs.: 1:00 hr. Beginner	NUGGETS (G or B) 5 & up yrs.: 1:15 hrs. Level I
JEWELS (G or B) 5 & up yrs.: 1:15 hrs. Level II Criteria: Pullover (bars) Backward roll (floor)	GEMS (G or B) 7 & up yrs.: 1:15 hrs. Level III Criteria: Back Hip Circle (Bars) Bridge Kick Over (Floor)	DIAMONDS (G) 9 - 15 yrs.: 1:15 hrs. Level IV Criteria: Front Mill Circle (Bars) Front Limber (Floor)	JUNIOR/SENIOR (G or B) 7th - 12th Grade: 1:15 hrs. Level I-IV
JUNIOR FLIP FLOP 8-12 yrs.: 1:00 hr.	FLIP FLOP 13-17 yrs.: 1:15 hr.	ADVANCE FLIP FLOP 1:15 hr. Criteria: Round Off Back Handspring	ADULT 18 yrs. & up: 1:15 hrs. (senior discount \$4.00)
MUSIC & MOTION (MM) Level I: 3-4 yrs. Level II: 4-6 yrs. 1:00 hr.	TRAMPOLINE 11-17 yrs.: 1:15 hr.	XTREME BOARDS 11-17 yrs.: 1:15 hr.	BY INVITATION ONLY: MUSIC & MOTION LEVEL III 5 -9 yrs.: 1:00 hr.
	BY INVITATION ONLY: CHIPS (G or B) 4 - 6 yrs. : 1:15 hrs.	BY INVITATION ONLY: DIAMOND CHIPS (Level 3) 5 -9 yrs.: 2:00 hrs.	



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Summer Gymnastics Music & Motion

15 months through adult

Registration Fee \$6.00/child or \$12.00/family (+tax)		
Class Length	Monthly *EFT Rate	Monthly Regular Rate
45 min.	\$39.20 1x/week	\$49.00 1x/week
	\$68.80 2x/week	\$86.00 2x/week
1 hr.	\$44.80 1x/week	\$56.00 1x/week
	\$80.80 2x/week	\$101.00 2x/week
1:15 hrs.	\$50.40 1x/week	\$63.00 1x/week
	\$88.80 2x/week	\$111.00 2x/week

*EFT - Electronic Funds Transfer

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GYMNASTICS MUSIC & MOTION

- * Air Conditioned 22,000 sq. ft. Facility
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